

## Client Intake Form

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Intake Date \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Incase of Emergency: \_\_\_\_\_

Are you at least 18? Yes No If no, a guardian must also sign this form prior to the massage.

Occupation: \_\_\_\_\_

Hobbies: \_\_\_\_\_

Any repetitive motions? Yes No Please describe: \_\_\_\_\_

Area(s) of concern: \_\_\_\_\_

Bruises, cuts or surgical scars? Yes No Where?: \_\_\_\_\_

Area(s) to avoid during massage: \_\_\_\_\_

Allergies: \_\_\_\_\_

Have you had a professional massage before?: Yes No

Are you under the care of a doctor?: Yes No

Are you on any medications?: Yes No List: \_\_\_\_\_

Favorite color: \_\_\_\_\_

Goal for this session: \_\_\_\_\_

Would you like a reminder call for future appointments? Yes No

Please check all that apply:

- |   |   |
|---|---|
| <input type="checkbox"/> Blood clotting disorder                | <input type="checkbox"/> Circulation/heart problems     |
| <input type="checkbox"/> High blood pressure                    | <input type="checkbox"/> Varicose veins                 |
| <input type="checkbox"/> Anemia                                 | <input type="checkbox"/> Headaches                      |
| <input type="checkbox"/> Nausea                                 | <input type="checkbox"/> Fainting/dizziness             |
| <input type="checkbox"/> Epilepsy                               | <input type="checkbox"/> Neurological problems          |
| <input type="checkbox"/> Numbness/tingling                      | <input type="checkbox"/> Herniated disks                |
| <input type="checkbox"/> Dislocations/sprains/strains           | <input type="checkbox"/> Arthritis                      |
| <input type="checkbox"/> Fracture/bone trauma                   | <input type="checkbox"/> Back/neck discomfort/injury    |
| <input type="checkbox"/> Car accident                           | <input type="checkbox"/> Jaw pain                       |
| <input type="checkbox"/> Muscle cramping                        | <input type="checkbox"/> Cancer                         |
| <input type="checkbox"/> Skin conditions/rash                   | <input type="checkbox"/> Respiratory problems           |
| <input type="checkbox"/> Digestive issues                       | <input type="checkbox"/> Ulcers                         |
| <input type="checkbox"/> Diabetes                               | <input type="checkbox"/> TB/other communicable diseases |
| <input type="checkbox"/> Dentures                               | <input type="checkbox"/> Contacts                       |
| <input type="checkbox"/> Have you had alcohol in the last hour? | <input type="checkbox"/> Are you pregnant?              |

Any other medical conditions your therapist should be aware of? \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_